

# learn HERE

## digging in

1. Write the number in the box next to the matching word that describes these common gardening tools.

- hedge shears
- a pitchfork
- a shovel
- an edger
- a pail
- a wheelbarrow
- a rake
- a trowel
- a sprinkler


2. Which items are useful when composting and how are they used?

3. Tracey Cook says that one thing (not pictured here) has helped her become a more productive grower. What do you think it is?



Growing is good—for plants and for people! In English, we use the word “grow” in many expressions not connected to gardening or farming. In the green leaves below, write nouns we use with the verb “grow”. Describe a situation when you grew something besides plants!

grow KNOWLEDGE

### Wasabi?!

*Farmers on Vancouver Island grow everything from carrots and potatoes to berries and grapes. And we're the 3rd largest producer of cranberries in the world! In recent years, some more exotic crops have made an appearance: lemons, olives, and yes, WASABI!*

# on the urban farm



## COMPOST TIPS

1 PART BROWN TO 1-2 PARTS GREEN WILL CREATE THE IDEAL 30 CARBON TO 1 NITROGEN (30:1) BLEND IN YOUR COMPOST

KEEP MOIST  
AERATE OFTEN  
KEEP COVERED



“ *Small spaces are often perceived as a barrier to growing food. I’ve spent 18 years growing on my little patch of land. I started with maybe two heads of lettuce but now I have become a producer instead of a consumer just by blundering through and persevering.*

*There is a simple beauty in vegetables: the elegance of a bed of leeks; a smiling pumpkin to cheer you each morning; the steady generosity of a zucchini. To me, a vegetable garden beats a manicured rose garden hands down, so make way for food!*

—Tracey Cook  
(a.k.a. “Farmer T”)  
URBAN FARMER



IN  
TRACEY'S  
GARDEN

## ESSENTIAL TOOLS?

*Compost. Feed your garden as much as it feeds you; add compost, manure, leaf mulch, and seaweed! A gardening journal. Record what you planted and where, what worked and what didn't.*

## WEIGHT OF YOUR 2013 FOOD HARVEST IN POUNDS?

1200

## FALL PLANTING?

*Garlic and spinach*

## WORDS TO LIVE BY?

*There's always next season!*

⊘ BBQ ASHES/COALS, COOKED FOOD, INVASIVE WEEDS (MORNING GLORY, BUTTERCUP), DAIRY, DOG OR CAT FECES, FATS, GREASE, OILS, FISH, MEAT, BONES, CAT LITTER

❓ WHAT IF MY COMPOST ISN'T LAYERED LIKE THIS? I JUST “ADD-AS-I-GO”. WILL IT STILL WORK?  
Yes, if you maintain the 30:1 ratio as much as possible and turn it frequently. It will just take longer to compost, around 3-8 months.

# SUGGESTED ANSWERS TO GARDENING LESSON

1. Write the number in the box next to the matching word that describes these common gardening tools.

hedge shears	1
a pitchfork	8
a shovel	9
an edger	6
a pail	5
a wheelbarrow	3
a rake	7
a trowel	4
a sprinkler	2

2. Which items are useful when composting and how are they used?

- a pail: to store kitchen scraps before putting them in the compost
- a shovel or pitchfork: to turn and aerate the compost
- a hose: to keep the compost moist

3. Tracey Cook says that one thing (not pictured here) has helped her become a more productive grower. What do you think it is?

Tracey says adding a greenhouse to her garden allowed her to not only grow things that were challenging (like tomatoes in Fairfield!) but to grow other crops year round.



**GROW+NOUN**  
 grow your portfolio  
 grow your network  
 grow your hair  
 grow your assets  
 grow your nails  
 grow your business